

Memorial Sloan Kettering Cancer Center
is pleased to announce:

Psychopharmacology in Cancer Care:

*An Update for
Clinicians
of all Disciplines*

Saturday,
October 29, 2016

CONFERENCE LOCATION:

Memorial Sloan Kettering Cancer Center
Rockefeller Research Laboratories
430 East 67th Street
New York, NY 10065



Memorial Sloan Kettering
Cancer Center



FATIGUE
STRESS
ANXIETY
WORRY FEAR
PAIN
DELIRIUM
CACHEXIA
DEPRESSION

PTSD
PTSD

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Course Overview

Clinicians have numerous tools at their disposal to help adult cancer patients dealing with symptoms of depression, anxiety, and other cancer sequelae. Psychiatric medications are most frequently prescribed to cancer patients by oncologists and general practitioners, however psychiatric syndromes are often underdiagnosed and undertreated. Few oncology practices have dedicated psychiatric consultants familiar with the nuances of Psycho-Oncology. Even when patients receive psychotropic medications appropriately, they may have problems that arise before their next oncology visit or before they see the person who prescribed their psychiatric medications. Psychologists, nurses and social workers play an essential role in identifying psychological and physical symptoms as well as both beneficial and problematic medication effects as they provide frontline psychosocial interventions and support for cancer patients.

This course is designed for the non-prescribing psycho-oncology clinician as well as the psychiatrist who is new to the world of Psycho-pharmaco-oncology. Oncologists, palliative care clinicians, advanced practice nurses and oncology nurses will find this course useful as well. The course will focus on key target disorders and symptoms amenable to psychopharmacological intervention, including anxiety, depression, delirium, insomnia, pain, fatigue and cachexia. Participants will learn to identify psychological reactions to medical conditions or treatments; psychiatric presentations of medical conditions or treatments; medical presentations of psychiatric conditions and common medical complications of psychiatric conditions or treatments.



DEPRESSION

AFFECTS
UP TO

25%

OF CANCER PATIENTS

3%

OF CANCER
PATIENTS ARE

PRESCRIBED ANTIDEPRESSANTS

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Basic information will be presented about medications used to alleviate Quality of Life symptoms that arise in the cancer setting from diagnosis to survivorship or end of life care, and the interface of psychotherapy and medication management.

We will review why certain medications are used and why some are avoided, looking at potential benefits, unwanted side effects, and drug-drug interactions, since you may be the first person to identify a serious adverse event. The course will also enhance your ability to provide psychoeducation to patients regarding psychiatric medications.

Learning Objectives

Participants will learn basic psycho-pharmaco-oncology and how to hone essential clinical and observation skills to improve the quality of life, mental health and safety of their patients by understanding the basics of the psychophysiology of cancer.

Target Audience

The target audience includes Psychiatrists, Psycho-oncologists, Oncologists, Palliative Care Physicians, Physician Assistants, Nurse Practitioners, Nurses, Psychologists, Social Workers and Counselors.

www.mskcc.org/psychopharma

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Course Agenda

8:00-8:30 am	REGISTRATION & BREAKFAST
8:30-8:45 am	Overview & Introduction Andrew Roth, MD
8:45-9:30 am	Depression Andrew Roth, MD
9:30-10:15 am	Anxiety Disorders Andrew Roth, MD
10:15-10:30am	COFFEE BREAK
10:30-11:15 am	Delirium William Breitbart, MD
11:15-11:45 am	Case Presentation <i>Cases will be Discussed by the Faculty</i>
11:45-12:45 pm	LUNCH
12:45-1:30 pm	Insomnia Yesne Alici, MD
1:30-2:15 pm	Fatigue William Breitbart, MD
2:15-2:30 pm	COFFEE BREAK
2:30-3:00 pm	Pain Nessa Coyle, RN, PhD
3:00-3:30 pm	Cachexia Yesne Alici, MD
3:30-4:00 pm	Chemobrain Yesne Alici, MD
4:00-4:30 pm	A Non-Prescriber's Perspective on the Importance of Psychopharmacology in the Cancer Setting Penelope Damaskos, PhD, LCSW, OSW-C
4:30-5:00 pm	Case Presentation <i>Cases will be Discussed by the Faculty</i>
5:00 pm	ADJOURN

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MSK Faculty



*William
Breitbart, MD*

Attending Psychiatrist, Chair,
Department of Psychiatry & Behavioral Sciences;
Attending Psychiatrist, Palliative Medicine Service,
Division of Survivorship & Supportive Care,
Department of Medicine



*Andrew
Roth, MD*

Attending Psychiatrist, Psychiatry Service;
Training Program Director,
Psychosomatic Medicine Fellowship,
Department of Psychiatry & Behavioral Sciences



*Yesne
Alici, MD*

Assistant Attending Psychiatrist,
Psychiatry Service;
Co-Director, Biobehavioral Brain Program,
Department of Psychiatry & Behavioral Sciences



*Penelope
Damaskos, PhD, LCSW, OSW-C*

Director, Social Work
Department of Social Work

Special Guest



*Nessa
Coyle, RN, PhD*

Consultant, Palliative Care
and Clinical Ethics

Registration

	EARLY Before 8/29/16	GENERAL After 8/29/16
Physicians (MDs, PhDs, DOs)	\$200	\$250
MSK Alliance and MSK Alumni	\$150	\$175
Residents, Fellows, NPs, PAs, RNs, Psychologists, Social Workers and Counselors	\$100	\$150

Register online at:

www.mskcc.org/psychopharma

Registration includes continental breakfast, lunch, and refreshment breaks. Please contact us at least one week prior to the course if you have any special dietary needs.

Registration is complimentary for MSK staff who wish to attend this course.

However, you must register online by visiting the Continuing Medical Education page on [OneMSK](#).

CONTACT Continuing Medical Education
Memorial Sloan Kettering Cancer Center
633 Third Avenue, 12th Floor, New York, NY 10017
cme@mskcc.org

COURSE DESIGN

This course is comprised of lectures and interactive audience participation encouraging the intellectual exchange of ideas between faculty and participants.

EVALUATION

A course evaluation survey sent out electronically will provide attendees with the opportunity to review the sessions and the speakers and to identify future educational needs.

ACCREDITATION STATEMENT

MSK is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMA CREDIT DESIGNATION STATEMENT

MSK designates this live activity for a maximum of **6.75 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity. The AMA has determined that physicians not licensed in the United States but who participate in this CME activity are eligible for **6.75 AMA PRA Category 1 Credits™**.

CNE AND CE CREDITS

Applications pending approval for CNE and social work credits.

ACCOMMODATIONS

For information on hotels in the area of MSKCC with discounted rates, please visit: www.mskcc.org/accommodations.

FACULTY DISCLOSURE

It is the policy of MSK to make every effort to insure balance, independence, objectivity, and scientific rigor in all continuing medical education activities which it sponsors as an ACCME accredited provider. In accordance with ACCME guidelines and standards, all faculty participating in an activity sponsored by MSK are expected to disclose any significant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services which are discussed by the faculty members in an educational presentation. As required by the ACCME, when an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, MSK requires the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

OUTCOMES MEASUREMENT SURVEY

Six months after the end of the course an Outcomes Measurement Survey will be sent to all participants to help us determine what positive impacts have been made on participant practice as a result of the course.